

Regulation SUPERPLASTIC cup 2019.

- Schedule: Registration from 8:00 to 9:00! DO NOT DELAY!
- Number Plate : in Amap.
- Without license = 8 euros more for insurance by the day and a medical certificate less than 6 months mandatory.
- For all licensed foreign : authorization to leave the country and insurance for one day by your federation (mandatory).
- The registration fee includes lunch + supplies and number plate, it is recommended to run independently (water camel bag + snack + bike repair kit).
- Class 14 and under will be supervised by adults throughout the day.
- Protections: helmet (full helmet), long gloves, long shirt, knee/elbow guards and dorsal MANDATORY (or camelbag), short or long pant reinforced, the departure will be denied in case of non-compliance with the rules!
- Go Pro, camera on helmet or on pilot (or bike) are prohibited !
- The special will run on singles and trails open to the public, you are not priority.
- In case of accident, it is the duty of each participant to provide assistance to the injured person and prevent organization quickly.
- Competitors undertake to comply with the regulations, the signs and "rubalises" on the course under penalty of disqualification.
- No training the day before and the day of the race (bike and on foot), anyone who would be seen on the track will be disqualified.
- Supervisors will be on every stage to supervise no recognition of the track.
- The organization reserves the right to modify special conditions due the day of the event.
- For spectators, it's easy to access on special a few minute walk in the forest.
- At the end of the race, it will be possible to buy drinks and food.
- Awards ceremony : 15h30.
- You must ride last round to be on the overall result.

Thank you for your understanding and have fun!

